

# Child Nutrition Program

## ANNISTON ELEMENTARY LUNCH MENU

Jul 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Oct - 2 Breaded Chicken Sand Corn on the Cob Green Beans Oranges *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 3 Nachos w/Beef/Doritos Pinto Beans Corn Niblets Taco Sauce Apple *Milk 1% Chocolate Milk *Strawberry Milk Vanilla Milk	Oct - 4 Chicken Nuggets Potato Wedges Romaine Spinach Salad Whole Wheat Roll Ketchup (1) Ranch Dressing Banana *Milk 1% Chocolate Milk *Strawberry Milk Vanilla Milk	Oct - 5 Hotdog Sweet Potatoes Fries Creamy Coleslaw Sorbet, Rasp Swirl, FRZN 4 *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 6 Pizza, Cheese Sticks, Tony's Marinara Sauce California Vegetables Chilled Pineapple *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients    Target Cals...            697    107% Sodium.        1237 mg S.Fat    5.5g    7.2%Cal
Nutrients            Target Cals...            617    100% Sodium.        1381 mg S.Fat    1.7g    2.4%Cal	Nutrients            Target Cals...            789    121% Sodium.        1154 mg S.Fat    9.6g    11.0%Cal	Nutrients            Target Cals...            803    124% Sodium.        1090 mg S.Fat    3.0g    3.4%Cal	Nutrients            Target Cals...            693    107% Sodium.        1271 mg S.Fat    8.4g    10.9%Cal	Nutrients            Target Cals...            582    100% Sodium.        1291 mg S.Fat    5.0g    7.7%Cal	
Oct - 9 Steak and Gravy Brown Rice Glazed Carrots Green Beans Whole Wheat Roll Apple *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 10 Hamburger Sweet Potatoes Fries Broccoli w/Cheese Sauce Ketchup (1) Mustard (1) Chilled Mixed Fruit *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 11 Corndog Tater Tots Corn Niblets Oranges Ketchup (1) Mustard (1) *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 12 Baked Chicken Turnip Greens Black Eye Peas Whole Wheat Roll Banana Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 13 Pizza, Pepperoni 4X6, Tony' California Vegetables Romaine Spinach Salad Applesauce Ranch Dressing Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients    Target Cals...            638    100% Sodium.        1102 mg S.Fat    4.9g    7.0%Cal
Nutrients            Target Cals...            662    102% Sodium.        1439 mg S.Fat    6.8g    9.3%Cal	Nutrients            Target Cals...            680    105% Sodium.        1042 mg S.Fat    5.6g    7.4%Cal	Nutrients            Target Cals...            767    118% Sodium.        1552 mg S.Fat    4.2g    4.9%Cal	Nutrients            Target Cals...            559    100% Sodium.        514 mg S.Fat    3.5g    5.6%Cal	Nutrients            Target Cals...            519    94% Sodium.        962 mg S.Fat    4.6g    8.0%Cal	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Oct - 16 Grilled Chicken Sandwich Ranch Style Potatoes Green Beans Ketchup (1) Mayo (1) Chocolate Chip Cookie Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 17 Salisbury Steak Collard Greens Glazed Carrots Whole Wheat Roll Sliced Peaches Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 18 Nachos w/Beef/Doritos Pinto Beans Corn Niblets Taco Sauce Banana Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 19 Chicken Tenders Yams Cole Slaw Ketchup (1) Whole Wheat Roll Orange Smiles Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 20 Pizza, Cheese 4X6, Tony's Broccoli w/Cheese Sauce Carrot Sticks w/Dip Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients    Target Cals...            657        101% Sodium.        1049 mg S.Fat    6.5g    8.9%Cal
Nutrients            Target Cals...            824        127% Sodium.        1428 mg S.Fat    5.8g    6.4%Cal	Nutrients            Target Cals...            569        100% Sodium.        731 mg S.Fat    8.6g    13.6%Cal	Nutrients            Target Cals...            642        100% Sodium.        992 mg S.Fat    9.8g    13.7%Cal	Nutrients            Target Cals...            664        102% Sodium.        925 mg S.Fat    3.1g    4.3%Cal	Nutrients            Target Cals...            585        100% Sodium.        1170 mg S.Fat    5.3g    8.1%Cal	
Oct - 23	Oct - 24	Oct - 25	Oct - 26	Oct - 27	Avg Nutrients    Target Cals...            *N/A* Sodium.        *N/A* mg S.Fat    *N/A*g    *N/A%Cal
Oct - 30 Chicken Nuggets Broccoli w/Cheese Sauce Fries Whole Wheat Roll Sliced Peaches Ketchup (1) Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 31 Spaghetti w/Meat Sauce Chicken Parmesan Corn Niblets Romaine Spinach Salad Ranch Dressing Whole Wheat Roll Fruit Fruit Snack Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk				Avg Nutrients    Target Cals...            710        109% Sodium.        965 mg S.Fat    5.7g    7.2%Cal
Nutrients            Target Cals...            717        110% Sodium.        899 mg S.Fat    6.5g    8.1%Cal	Nutrients            Target Cals...            704        108% Sodium.        1031 mg S.Fat    5.0g    6.4%Cal				

USDA is an equal opportunity provider and employer.

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