

Child Nutrition Program

ANNISTON ELEMENTARY BREAKFAST MENU

Jul 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Oct - 2 Cereal, asst (1) Cinnamon Toast Sliced Peaches Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 3 Pancakes, mini berry Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 4 Biscuit, Whole Grain Sausage link (1) Applesauce Juice Milk 1% *Chocolate Milk *Strawberry Milk Vanilla Milk	Oct - 5 Apple Frudel Apple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 6 Yogurt Graham Cracker Snacks Pears Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 507 101% Sodium. 507 mg S.Fat 3.7g 6.6%Cal
Nutrients Target Cals... 480 100% Sodium. 448 mg S.Fat 1.7g 3.1%Cal	Nutrients Target Cals... 490 100% Sodium. 396 mg S.Fat 2.6g 4.8%Cal	Nutrients Target Cals... 670 134% Sodium. 969 mg S.Fat 9.0g 12.1%Cal	Nutrients Target Cals... 416 100% Sodium. 406 mg S.Fat 3.0g 6.5%Cal	Nutrients Target Cals... 480 100% Sodium. 316 mg S.Fat 2.3g 4.3%Cal	
Oct - 9 Biscuit, Whole Grain Applesauce Juice Jelly, Grape, PP Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 10 Pancake on a Stick Pears Juice *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 11 Asst. Cereal Bars Oranges Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 12 Mini Pancakes Chilled Pineapple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 13 Muffin Yoplait Go-Gurt Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 455 100% Sodium. 437* mg S.Fat 3.5g 7.0%Cal
Nutrients Target Cals... 482 100% Sodium. 631* mg S.Fat 6.5g 12.1%Cal	Nutrients Target Cals... 481 100% Sodium. 602* mg S.Fat 4.5g 8.4%Cal	Nutrients Target Cals... 365 100% Sodium. 225* mg S.Fat 2.0g 5.0%Cal	Nutrients Target Cals... 459 100% Sodium. 445* mg S.Fat 2.5g 4.9%Cal	Nutrients Target Cals... 490 100% Sodium. 281* mg S.Fat 2.1g 3.9%Cal	
Oct - 16 French Toast Powdered Sugar (1 Tbs.) Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 17 Mini Cinnis Sliced Peaches Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 18 Mini Pancakes Apple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 19 Cinnamon Rolls Powdered Sugar (1 Tbs.) Applesauce Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 20 Sausage on Bun Pears Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 484 100% Sodium. 443* mg S.Fat 4.2g 7.9%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Nutrients Target Cals... 589 118% Sodium. 506* mg S.Fat 4.6g 7.0%Cal	Nutrients Target Cals... 480 100% Sodium. 435* mg S.Fat 3.5g 6.6%Cal	Nutrients Target Cals... 416 100% Sodium. 446* mg S.Fat 2.5g 5.5%Cal	Nutrients Target Cals... 473 100% Sodium. 381* mg S.Fat 4.0g 7.6%Cal	Nutrients Target Cals... 461 100% Sodium. 447* mg S.Fat 6.5g 12.7%Cal	
Oct - 23	Oct - 24	Oct - 25	Oct - 26	Oct - 27	Avg Nutrients Target Cals... *N/A* Sodium. *N/A* mg S.Fat *N/A*g *N/A*%Cal
Oct - 30 Cereal, asst (1) Cinnamon Toast Sliced Peaches Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Oct - 31 Pancakes, mini berry Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk				Avg Nutrients Target Cals... 485 100% Sodium. 422* mg S.Fat 2.1g 4.0%Cal
Nutrients Target Cals... 480 100% Sodium. 448* mg S.Fat 1.7g 3.1%Cal	Nutrients Target Cals... 490 100% Sodium. 396* mg S.Fat 2.6g 4.8%Cal				

USDA is an equal opportunity provider and employer.

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