

Child Nutrition Program

Anniston High School Lunch Menu

Jul 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Oct - 2 Hamburger Grilled Chicken Sandwich Quick Baked Potato Creamy Coleslaw Carrot Sticks Celery Sticks Apple Juice Ketchup (1) Mustard (1) Ranch Dressing Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 3 Chicken Broccoli Steak and Gravy Black Eye Peas Collard Greens Juice Chilled Pineapple Whole Wheat Roll Milk 1% Chocolate Milk Strawberry Milk	Oct - 4 Nachos w/Beef/Doritos Mexican Pizza Brown Rice Corn Niblets Pinto Beans Salsa Juice Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 5 Beef-A-Roni Chicken Bites Glazed Carrots Green Beans Whole Wheat Roll Juice Fruit Brownie Ketchup (2) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 6 Beef slider Breaded Chicken Sand Fries Baked Beans Juice Ketchup (2) Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 772 100% Sodium. 1203 mg S.Fat 5.8g 6.8%Cal
Nutrients Target Cals... 655 87% Sodium. 999 mg S.Fat 3.0g 4.2%Cal	Nutrients Target Cals... 675 90% Sodium. 826 mg S.Fat 7.6g 10.1%Cal	Nutrients Target Cals... 782 100% Sodium. 1236 mg S.Fat 8.2g 9.5%Cal	Nutrients Target Cals... 849 100% Sodium. 1258 mg S.Fat 5.1g 5.5%Cal	Nutrients Target Cals... 900 106% Sodium. 1693 mg S.Fat 5.2g 5.2%Cal	
Oct - 9 Pizza, Pepperoni 4X6, Tony' Pizza, Cheese Sticks, Tony's Tomato Sauce California Vegetables Romaine Spinach Salad Carrot Sticks Ranch Dressing Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 10 Nachos w/Beef/Doritos Mexican Pizza Pinto Beans Corn Niblets Brown Rice Shredded Lettuce Salsa Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 11 Chicken Tenders Hot wings Fries Creamy Coleslaw Biscuit, Whole Grain Ketchup (2) Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 12 Grilled Chicken Salisbury Steak Gravy Broccoli w/Cheese Sauce Glazed Carrots Brown Rice Toasted Buns Juice Mandarin Oranges M & M Cookie Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 13 Hamburger Baked Spaghetti Corn on the Cob Green Beans Breadstick WW Romaine Spinach Salad Ranch Dressing Ketchup (1) Mustard (1) Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 720 96% Sodium. 1163 mg S.Fat 6.9g 8.6%Cal
Nutrients Target Cals... 593 79% Sodium. 1097 mg S.Fat 4.9g 7.5%Cal	Nutrients Target Cals... 736 98% Sodium. 1247 mg S.Fat 8.4g 10.3%Cal	Nutrients Target Cals... 836 100% Sodium. 1234 mg S.Fat 9.0g 9.7%Cal	Nutrients Target Cals... 745 99% Sodium. 1157 mg S.Fat 7.6g 9.2%Cal	Nutrients Target Cals... 690 92% Sodium. 1078 mg S.Fat 4.5g 5.9%Cal	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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Oct - 16 BBQ Rib Sandwich Fish Sandwich Sweet Potatoes Fries Creamy Coleslaw TARTAR SAUCE Ketchup (2) Juice Fruit Rice Krispy Mini Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 17 Spicy Chicken Sand Chicken Tender Sandwich Potato Wedges Corn on the Cob Carrot Sticks Ranch Dressing Mayo (1) Ketchup (1) Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 18 Hot wings Chicken Bites Corn Niblets Fries Celery Sticks Juice Fruit Biscuit, Whole Grain Ranch Dressing Ketchup (1) Tartar Sauce PP Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 19 Baked Chicken Salisbury Steak Gravy Brown Rice Collard Greens Glazed Carrots Whole Wheat Roll Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Oct - 20 Hamburger Breaded Chicken Sand Green Beans Baked Beans Ketchup (2) Mustard (1) Mayo (1) Juice Fruit Cheese Slice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 712 95% Sodium. 1228 mg S.Fat 4.3*g 5.5%Cal
Nutrients Target Cals... 785 100% Sodium. 1219 mg S.Fat 4.0*g 4.6%Cal	Nutrients Target Cals... 747 100% Sodium. 1161 mg S.Fat 2.7*g 3.2%Cal	Nutrients Target Cals... 546 73% Sodium. 620 mg S.Fat 3.9*g 6.4%Cal	Nutrients Target Cals... 689 92% Sodium. 884 mg S.Fat 5.5*g 7.2%Cal	Nutrients Target Cals... 792 100% Sodium. 2256 mg S.Fat 5.5*g 6.3%Cal	
Oct - 23	Oct - 24	Oct - 25	Oct - 26	Oct - 27	Avg Nutrients Target Cals... *N/A* Sodium. *N/A* mg S.Fat *N/A*g *N/A%Cal
Oct - 30	Oct - 31				Avg Nutrients Target Cals... 749 100% Sodium. 1084 mg S.Fat 5.1*g 6.2%Cal
Steak and Gravy Chicken Nuggets Gravy Quick Baked Potato Broccoli w/Cheese Sauce Whole Wheat Roll Ketchup (1) Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Barbecue Sandwich Fish Sandwich Potato Wedges Green Beans Creamy Coleslaw Juice Fruit M & M Cookie Ketchup (2) Tartar Sauce PP Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk				

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	Monday		Tuesday	Wednesday	Thursday	Friday	Nutrients
Nutrients	Target		Nutrients				
Cals...	702	94%	Cals...	796	100%		
Sodium.	1078 mg		Sodium.	1089 mg			
S.Fat	6.5*g	8.3%Cal	S.Fat	3.8*g	4.3%Cal		

USDA is an equal opportunity provider and employer.

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