

Child Nutrition Program

Anniston High School Lunch Menu

Jul 3, 2017

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		Nov - 1 Crispito Nachos w/Beef/Doritos Brown Rice Pinto Beans Romaine Spinach Salad Ranch Dressing Salsa Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 2 Chicken Tender Sandwich Hamburger Fries Corn on the Cob Carrot Sticks Ranch Dressing Juice Fruit Ketchup (2) Mustard (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 3 Chicken Tender Sandwich Hamburger Fries Corn on the Cob Carrot Sticks Ranch Dressing Juice Fruit Ketchup (2) Mustard (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 742 99% Sodium. 991 mg S.Fat 5.6g 6.8%Cal
		Nutrients Target Cals... 751 100% Sodium. 1227 mg S.Fat 8.0g 9.5%Cal	Nutrients Target Cals... 737 98% Sodium. 873 mg S.Fat 4.5g 5.4%Cal	Nutrients Target Cals... 737 98% Sodium. 873 mg S.Fat 4.5g 5.4%Cal	
Nov - 6 BBQ Chicken Sandwich Hamburger Sweet Potatoes Fries Green Beans Mayo (1) Ketchup (1) Juice Sliced Peaches M & M Cookie Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 7 Baked Spaghetti Chicken Bites Corn Niblets Romaine Spinach Salad Ranch Dressing Breadstick WW Juice Chilled Pineapple Ketchup (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 8 Nachos w/Beef/Doritos Crispito Brown Rice Pinto Beans Shredded Lettuce Salsa Juice Apple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 9 Baked Chicken Pork Chop Broccoli w/Cheese Sauce Mac and Cheese Carrot Sticks Whole Wheat Roll Juice Fruit Brownie Ranch Dressing Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 10 Avg Nutrients Target Cals... 735 98% Sodium. 1182 mg S.Fat 6.0g 7.3%Cal	
Nutrients Target Cals... 795 100% Sodium. 1356 mg S.Fat 5.3g 6.0%Cal	Nutrients Target Cals... 648 86% Sodium. 984 mg S.Fat 3.7g 5.2%Cal	Nutrients Target Cals... 738 98% Sodium. 1165 mg S.Fat 8.2g 10.0%Cal	Nutrients Target Cals... 759 100% Sodium. 1223 mg S.Fat 6.6g 7.8%Cal		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Child Nutrition Program

Anniston High School Lunch Menu

Jul 3, 2017

Page 2

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Nov - 13	Nov - 14	Nov - 15	Nov - 16	Nov - 17	Avg Nutrients Target Cals... 789 100% Sodium. 1395 mg S.Fat 5.7*g 6.5%Cal
Fish Sandwich BBQ Chicken Sandwich Sweet Potatoes Fries Baked Beans Creamy Coleslaw Juice Apple Rice Krispy Mini Ketchup (1) Tartar Sauce PP Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Cheesy Chicken & Rice Chicken Tenders Green Beans Candied Sweet Potatoes Romaine Spinach Salad Ranch Dressing Whole Wheat Roll Ketchup (2) Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Cheese Pizza Dippers Pizza, Pepperoni 4X6, Tony' Tomato Sauce California Vegetables Romaine Spinach Salad Ranch Dressing Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Sliced Turkey Baked Ham Dressing Green Beans Sweet Potato Casserole Cranberry Sauce Whole Wheat Roll Cake with Topping Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Beef slider BBQ Rib Sandwich Fries Broccoli w/Cheese Sauce Ketchup (2) Mustard (1) Mayo (1) Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	
Nutrients Target Cals... 871 102% Sodium. 1494 mg S.Fat 2.9*g 3.0%Cal	Nutrients Target Cals... 704 94% Sodium. 889 mg S.Fat 4.0*g 5.1%Cal	Nutrients Target Cals... 555 74% Sodium. 1019 mg S.Fat 4.5*g 7.3%Cal	Nutrients Target Cals... 1027 121% Sodium. 2294 mg S.Fat 8.5*g 7.5%Cal	Nutrients Target Cals... 788 100% Sodium. 1280 mg S.Fat 8.4*g 9.6%Cal	
Nov - 20	Nov - 21	Nov - 22	Nov - 23	Nov - 24	Avg Nutrients Target Cals... 664 89% Sodium. 804 mg S.Fat 3.9*g 5.3%Cal
BBQ Pork Rib Sandwich Hamburger Fries Creamy Coleslaw Ketchup (2) Mustard (1) Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Chicken Tenders Chicken Nuggets Black Eye Peas Steamed Cabbage Whole Wheat Roll Ketchup (2) Juice M & M Cookie Sliced Peaches Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk				
Nutrients Target Cals... 617 82% Sodium. 639 mg S.Fat 3.8*g 5.5%Cal	Nutrients Target Cals... 711 95% Sodium. 969 mg S.Fat 4.1*g 5.2%Cal				

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Child Nutrition Program

Anniston High School Lunch Menu

Jul 3, 2017

Page 3

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Nov - 27 Hamburger Grilled Chicken Sandwich Quick Baked Potato Creamy Coleslaw Carrot Sticks Celery Sticks Apple Juice Ketchup (1) Mustard (1) Ranch Dressing Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 28 Chicken Broccoli Steak and Gravy Black Eye Peas Collard Greens Juice Chilled Pineapple Whole Wheat Roll Milk 1% Chocolate Milk Strawberry Milk	Nov - 29 Nachos w/Beef/Doritos Mexican Pizza Brown Rice Corn Niblets Pinto Beans Salsa Juice Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Nov - 30 Beef-A-Roni Chicken Bites Glazed Carrots Green Beans Whole Wheat Roll Juice Fruit Brownie Ketchup (2) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk		Avg Nutrients Target Cals... 740 99% Sodium. 1080 mg S.Fat 6.0*g 7.3%Cal
Nutrients Target Cals... 655 87% Sodium. 999 mg S.Fat 3.0*g 4.2%Cal	Nutrients Target Cals... 675 90% Sodium. 826 mg S.Fat 7.6*g 10.1%Cal	Nutrients Target Cals... 782 100% Sodium. 1236 mg S.Fat 8.2*g 9.5%Cal	Nutrients Target Cals... 849 100% Sodium. 1258 mg S.Fat 5.1*g 5.5%Cal		

USDA is an equal opportunity provider and employer.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.