

# Child Nutrition Program

## ANNISTON ELEMENTARY LUNCH MENU

Jan 4, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Mar - 1  Baked Chicken Glazed Carrots Collard Greens Whole Wheat Roll Apple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 2  Crispito Pinto Beans Corn Niblets Taco Sauce Fruit Chocolate Chip Cookie Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients      Target Cals...            600      100% Sodium.           876 mg S.Fat    5.7g      8.5%Cal
			Nutrients            Target Cals...            509      92% Sodium.           429 mg S.Fat    4.3g      7.5%Cal	Nutrients            Target Cals...            691      106% Sodium.           1324 mg S.Fat    7.1g      9.2%Cal	
Mar - 5  BBQ Chicken Sandwich Broccoli w/Cheese Sauce Carrot Sticks Fruit Snack Sliced Peaches Ranch Dressing Ketchup (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 6  Corndog Sweet Potatoes Fries Romaine Spinach Salad Ranch Dressing Ketchup (2) Mustard (1) Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 7  Beefy Burrito Pinto Beans Corn Niblets Salsa Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 8  Chili Cheese Toast California Vegetables Sherbet Cup Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 9  Hamburger Fries Romaine Spinach Salad Ranch Dressing Banana Ketchup (2) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients      Target Cals...            593      100% Sodium.           905 mg S.Fat    4.8g      7.3%Cal
Nutrients            Target Cals...            683      105% Sodium.           1163 mg S.Fat    3.6g      4.7%Cal	Nutrients            Target Cals...            550      100% Sodium.           1005 mg S.Fat    3.0g      4.8%Cal	Nutrients            Target Cals...            576      100% Sodium.           897 mg S.Fat    6.9g      10.8%Cal	Nutrients            Target Cals...            505      92% Sodium.           695 mg S.Fat    5.2g      9.3%Cal	Nutrients            Target Cals...            649      100% Sodium.           765 mg S.Fat    5.4g      7.4%Cal	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Mar - 12 Breaded Chicken Sand Corn on the Cob Green Beans Oranges Ketchup (1) Mayo (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 13 Nachos w/Beef/Doritos Pinto Beans Corn Niblets Taco Sauce Apple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 14 Chicken Nuggets Potato Wedges Romaine Spinach Salad Ketchup (2) Ranch Dressing Banana Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 15 Hotdog Sweet Potatoes Fries Creamy Coleslaw Sorbet, Rasp Swirl, FRZN 4 Ketchup (2) Mustard (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 16 Pizza, Cheese Sticks, Tony's Tomato Sauce California Vegetables Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients    Target Cals...            601        100% Sodium.           1031 mg S.Fat    5.9g    8.8%Cal
Nutrients            Target Cals...            651        100% Sodium.           1322 mg S.Fat    2.6g    3.6%Cal	Nutrients            Target Cals...            619        100% Sodium.           862 mg S.Fat    9.9g    14.4%Cal	Nutrients            Target Cals...            559        100% Sodium.           806 mg S.Fat    3.2g    5.2%Cal	Nutrients            Target Cals...            651        100% Sodium.           1179 mg S.Fat    8.2g    11.3%Cal	Nutrients            Target Cals...            526        96% Sodium.           985 mg S.Fat    5.4g    9.3%Cal	
Mar - 19 Steak and Gravy Brown Rice Glazed Carrots Green Beans Whole Wheat Roll Apple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 20 Hamburger Sweet Potatoes Fries Broccoli w/Cheese Sauce Ketchup (2) Mustard (1) Pears Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 21 Corndog Tater Tots Corn Niblets Oranges Ketchup (2) Mustard (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 22 Baked Chicken Turnip Greens Pinto Beans Whole Wheat Roll Banana Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 23 Pizza, Pepperoni 4X6, Tony' California Vegetables Romaine Spinach Salad Applesauce Ranch Dressing Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients    Target Cals...            583        100% Sodium.           938 mg S.Fat    5.0g    7.7%Cal
Nutrients            Target Cals...            588        100% Sodium.           1015 mg S.Fat    6.8g    10.5%Cal	Nutrients            Target Cals...            582        100% Sodium.           861 mg S.Fat    5.2g    8.1%Cal	Nutrients            Target Cals...            692        106% Sodium.           1350 mg S.Fat    4.1g    5.3%Cal	Nutrients            Target Cals...            553        100% Sodium.           492 mg S.Fat    3.9g    6.3%Cal	Nutrients            Target Cals...            499        91% Sodium.           972 mg S.Fat    4.8g    8.7%Cal	

USDA is an equal opportunity provider and employer.

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