

# Child Nutrition Program

## ANNISTON ELEMENTARY BREAKFAST MENU

Jan 4, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Mar - 1  Mini Pancakes Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 2  Muffin Yoplait Go-Gurt Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients    Target Cals...            451    100% Sodium.           379 mg S.Fat    1.1g    2.2%Cal
			Nutrients            Target Cals...            437    100% Sodium.           461 mg S.Fat    1.3g    2.7%Cal	Nutrients            Target Cals...            465    100% Sodium.           297 mg S.Fat    0.9g    1.7%Cal	
Mar - 5  French Toast Powdered Sugar (1 Tbs.) Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 6  Asst. Cereal Bars Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 7  Mini Pancakes Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 8  Cinnamon Rolls Powdered Sugar (1 Tbs.) Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 9  Sausage on Bun Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients    Target Cals...            450    100% Sodium.           417 mg S.Fat    2.7g    5.4%Cal
Nutrients            Target Cals...            565    113% Sodium.           522 mg S.Fat    3.4g    5.4%Cal	Nutrients            Target Cals...            369    100% Sodium.           249 mg S.Fat    0.8g    1.9%Cal	Nutrients            Target Cals...            402    100% Sodium.           461 mg S.Fat    1.3g    2.9%Cal	Nutrients            Target Cals...            456    100% Sodium.           394 mg S.Fat    2.8g    5.5%Cal	Nutrients            Target Cals...            457    100% Sodium.           461 mg S.Fat    5.3g    10.4%Cal	
Mar - 12  Cereal, asst (1) Cinnamon Toast Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 13  Pancakes, mini berry Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 14  Biscuit, Whole Grain Sausage link (1) Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 15  Apple Frudel Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Mar - 16  Yogurt Graham Cracker Snacks Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients    Target Cals...            465    100% Sodium.           496 mg S.Fat    2.5g    4.9%Cal

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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