

Child Nutrition Program

ANNISTON ELEMENTARY BREAKFAST MENU

Jan 4, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Jan - 8 Pancakes, mini berry Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 9 Biscuit, Whole Grain Sausage link (1) Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 10 Apple Frudel Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 11 Yogurt Graham Cracker Snacks Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 12 Cereal, asst (1) Cinnamon Toast Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 465 100% Sodium. 496 mg S.Fat 2.5g 4.9%Cal
Nutrients Target Cals... 465 100% Sodium. 412 mg S.Fat 1.4g 2.7%Cal	Nutrients Target Cals... 523 105% Sodium. 856 mg S.Fat 7.8g 13.5%Cal	Nutrients Target Cals... 402 100% Sodium. 421 mg S.Fat 1.8g 4.1%Cal	Nutrients Target Cals... 476 100% Sodium. 330 mg S.Fat 1.1g 2.1%Cal	Nutrients Target Cals... 460 100% Sodium. 462 mg S.Fat 0.5g 0.9%Cal	
Jan - 15	Jan - 16 Breakfast Pizza WG Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 17 Pancake on a Stick Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 18 Cereal, asst (1) Cinnamon Toast Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 19 Mini Pancakes Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 424 100% Sodium. 519 mg S.Fat 2.3g 5.0%Cal
	Nutrients Target Cals... 366 100% Sodium. 653 mg S.Fat 2.8g 6.9%Cal	Nutrients Target Cals... 459 100% Sodium. 509 mg S.Fat 4.8g 9.4%Cal	Nutrients Target Cals... 433 100% Sodium. 455 mg S.Fat 0.5g 1.0%Cal	Nutrients Target Cals... 437 100% Sodium. 461 mg S.Fat 1.3g 2.7%Cal	
Jan - 22 French Toast Powdered Sugar (1 Tbs.) Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 23 Asst. Cereal Bars Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 24 Mini Pancakes Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 25 Cinnamon Rolls Powdered Sugar (1 Tbs.) Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Jan - 26 Sausage on Bun Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 450 100% Sodium. 417 mg S.Fat 2.7g 5.4%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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