

Child Nutrition Program

ANNISTON ELEMENTARY BREAKFAST MENU

Jan 4, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Feb - 1 Apple Frudel Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 2 Yogurt Graham Cracker Snacks Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 439 100% Sodium. 375 mg S.Fat 1.5g 3.0%Cal
			Nutrients Target Cals... 402 100% Sodium. 421 mg S.Fat 1.8g 4.1%Cal	Nutrients Target Cals... 476 100% Sodium. 330 mg S.Fat 1.1g 2.1%Cal	
Feb - 5 Breakfast Pizza WG Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 6 Pancake on a Stick Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 7 Cereal, asst (1) Cinnamon Toast Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 8 Mini Pancakes Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 9 Muffin Yoplait Go-Gurt Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 432 100% Sodium. 475 mg S.Fat 2.1g 4.3%Cal
Nutrients Target Cals... 366 100% Sodium. 653 mg S.Fat 2.8g 6.9%Cal	Nutrients Target Cals... 459 100% Sodium. 509 mg S.Fat 4.8g 9.4%Cal	Nutrients Target Cals... 433 100% Sodium. 455 mg S.Fat 0.5g 1.0%Cal	Nutrients Target Cals... 437 100% Sodium. 461 mg S.Fat 1.3g 2.7%Cal	Nutrients Target Cals... 465 100% Sodium. 297 mg S.Fat 0.9g 1.7%Cal	
Feb - 12 French Toast Powdered Sugar (1 Tbs.) Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 13 Asst. Cereal Bars Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 14 Mini Pancakes Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 15 Cinnamon Rolls Powdered Sugar (1 Tbs.) Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 16 Sausage on Bun Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 450 100% Sodium. 417 mg S.Fat 2.7g 5.4%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Nutrients Target Cals... 565 113% Sodium. 522 mg S.Fat 3.4g 5.4%Cal	Nutrients Target Cals... 369 100% Sodium. 249 mg S.Fat 0.8g 1.9%Cal	Nutrients Target Cals... 402 100% Sodium. 461 mg S.Fat 1.3g 2.9%Cal	Nutrients Target Cals... 456 100% Sodium. 394 mg S.Fat 2.8g 5.5%Cal	Nutrients Target Cals... 457 100% Sodium. 461 mg S.Fat 5.3g 10.4%Cal	
Feb - 19	Feb - 20 Pancakes, mini berry Banana Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 21 Biscuit, Whole Grain Sausage link (1) Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 22 Apple Frudel Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 23 Yogurt Graham Cracker Snacks Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 467 100% Sodium. 505 mg S.Fat 3.0g 5.9%Cal
	Nutrients Target Cals... 465 100% Sodium. 412 mg S.Fat 1.4g 2.7%Cal	Nutrients Target Cals... 523 105% Sodium. 856 mg S.Fat 7.8g 13.5%Cal	Nutrients Target Cals... 402 100% Sodium. 421 mg S.Fat 1.8g 4.1%Cal	Nutrients Target Cals... 476 100% Sodium. 330 mg S.Fat 1.1g 2.1%Cal	
Feb - 26 Breakfast Pizza WG Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 27 Pancake on a Stick Sliced Peaches Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Feb - 28 Cereal, asst (1) Cinnamon Toast Apple Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk			Avg Nutrients Target Cals... 419 100% Sodium. 539 mg S.Fat 2.7g 5.8%Cal
Nutrients Target Cals... 366 100% Sodium. 653 mg S.Fat 2.8g 6.9%Cal	Nutrients Target Cals... 459 100% Sodium. 509 mg S.Fat 4.8g 9.4%Cal	Nutrients Target Cals... 433 100% Sodium. 455 mg S.Fat 0.5g 1.0%Cal			

USDA is an equal opportunity provider and employer.

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