

Child Nutrition Program

ANNISTON MIDDLE SCHOOL LUNCH MENU

Jul 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
				Dec - 1 Pizza, Pepperoni 4X6, Tony' Pizza, Cheese Sticks, Tony's Tomato Sauce Corn Niblets Romaine Spinach Salad Carrot Sticks Ranch Dressing Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 600 100% Sodium. 1177 mg S.Fat 5.5g 8.2%Cal
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Dec - 4 Chicken Tenders Hot wings Green Beans Creamy Coleslaw Mandarin Oranges Whole Wheat Roll Mayo (1) Ketchup (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 5 Cheesy Chicken & Rice Broccoli w/Cheese Sauce Glazed Carrots Fruit M & M Cookie Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 6 Steak and Gravy Chicken Nuggets Corn Niblets Mashed Potatoes Whole Wheat Roll Apple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 7 Nachos w/Beef/Doritos Pinto Beans Brown Rice Salsa Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 8 Sausage Pizza Pizza, Cheese 4X6, Tony's California Vegetables Carrot Sticks Fruit Ranch Dressing Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 629 100% Sodium. 1000 mg S.Fat 5.7g 8.1%Cal
Nutrients Target Cals... 647 100% Sodium. 1152 mg S.Fat 4.4g 6.1%Cal	Nutrients Target Cals... 658 100% Sodium. 692 mg S.Fat 5.9g 8.1%Cal	Nutrients Target Cals... 614 100% Sodium. 1026 mg S.Fat 4.8g 7.0%Cal	Nutrients Target Cals... 705 101% Sodium. 1200 mg S.Fat 9.9g 12.6%Cal	Nutrients Target Cals... 522 87% Sodium. 931 mg S.Fat 3.3g 5.7%Cal	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Dec - 11 Hamburger BBQ Rib Sandwich Fries Corn on the Cob Mayo/Mustard Ketchup (1) Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 12 Hamburger Steak Grilled Chicken Gravy Brown Rice Broccoli w/Cheese Sauce Glazed Carrots Whole Wheat Roll Sherbet Cup Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 13 Nachos w/Beef/Doritos Brown Rice Pinto Beans Corn Niblets Taco Sauce Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 14 Corndog Fries Celery Sticks Fruit Ranch Dressing Mustard (1) Ketchup (1) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 15 Breaded Chicken Sand Green Beans Sweet Potatoes Fries Mayo (1) Ketchup (1) Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 685 100% Sodium. 1093 mg S.Fat 5.6g 7.4%Cal
Nutrients Target Cals... 712 102% Sodium. 945 mg S.Fat 5.8g 7.4%Cal	Nutrients Target Cals... 614 100% Sodium. 924 mg S.Fat 4.9g 7.2%Cal	Nutrients Target Cals... 732 105% Sodium. 1152 mg S.Fat 10.1g 12.4%Cal	Nutrients Target Cals... 626 100% Sodium. 1007 mg S.Fat 4.1g 5.8%Cal	Nutrients Target Cals... 741 106% Sodium. 1435 mg S.Fat 3.2g 3.8%Cal	
Dec - 18 Chicken Bites Fish Sandwich Ranch Style Potatoes Creamy Coleslaw Ketchup (1) Tartar Sauce PP Apple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 19 Beef slider Corn Niblets Sweet Potatoes Fries Ketchup (1) Mustard (1) Mayo (1) Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk				Avg Nutrients Target Cals... 678 100% Sodium. 988 mg S.Fat 5.7g 7.6%Cal
Nutrients Target Cals... 789 113% Sodium. 1324 mg S.Fat 6.5g 7.4%Cal	Nutrients Target Cals... 568 95% Sodium. 652 mg S.Fat 5.0g 7.9%Cal				

USDA is an equal opportunity provider and employer.

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