

Child Nutrition Program

ANNISTON ELEMENTARY BREAKFAST MENU

Jul 3, 2017

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
				Dec - 1 Muffin Yoplait Go-Gurt Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 490 100% Sodium. 281 mg S.Fat 2.1g 3.9%Cal
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Dec - 4 French Toast Powdered Sugar (1 Tbs.) Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Dec - 5 Mini Cinnis Sliced Peaches Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Dec - 6 Mini Pancakes Apple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Dec - 7 Cinnamon Rolls Powdered Sugar (1 Tbs.) Applesauce Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Dec - 8 Sausage on Bun Pears Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 484 100% Sodium. 443 mg S.Fat 4.2g 7.9%Cal
Nutrients Target Cals... 589 118% Sodium. 506 mg S.Fat 4.6g 7.0%Cal	Nutrients Target Cals... 480 100% Sodium. 435 mg S.Fat 3.5g 6.6%Cal	Nutrients Target Cals... 416 100% Sodium. 446 mg S.Fat 2.5g 5.5%Cal	Nutrients Target Cals... 473 100% Sodium. 381 mg S.Fat 4.0g 7.6%Cal	Nutrients Target Cals... 461 100% Sodium. 447 mg S.Fat 6.5g 12.7%Cal	
Dec - 11 Cereal, asst (1) Cinnamon Toast Sliced Peaches Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Dec - 12 Pancakes, mini berry Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Dec - 13 Biscuit, Whole Grain Sausage link (1) Applesauce Juice Milk 1% *Chocolate Milk *Strawberry Milk Vanilla Milk	Dec - 14 Apple Frudel Apple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Dec - 15 Yogurt Graham Cracker Snacks Pears Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 507 101% Sodium. 507 mg S.Fat 3.7g 6.6%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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