

Child Nutrition Program

Anniston High School Lunch Menu

Jul 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
				Dec - 1 Beef-A-Roni Chicken Bites Glazed Carrots Green Beans Whole Wheat Roll Juice Fruit Brownie Ketchup (2) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 849 100% Sodium. 1258 mg S.Fat 5.1g 5.5%Cal
				Nutrients Target Cals... 849 100% Sodium. 1258 mg S.Fat 5.1g 5.5%Cal	
Dec - 4 Pizza, Pepperoni 4X6, Tony' Pizza, Cheese Sticks, Tony's Tomato Sauce California Vegetables Romaine Spinach Salad Carrot Sticks Ranch Dressing Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 5 Nachos w/Beef/Doritos Mexican Pizza Pinto Beans Corn Niblets Brown Rice Shredded Lettuce Salsa Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 6 Chicken Tenders Hot wings Fries Creamy Coleslaw Biscuit, Whole Grain Ketchup (2) Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 7 Grilled Chicken Salisbury Steak Gravy Broccoli w/Cheese Sauce Glazed Carrots Brown Rice Toasted Buns Juice Mandarin Oranges M & M Cookie Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 8 Hamburger Baked Spaghetti Corn on the Cob Green Beans Breadstick WW Romaine Spinach Salad Ranch Dressing Ketchup (1) Mustard (1) Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 720 96% Sodium. 1163 mg S.Fat 6.9g 8.6%Cal
Nutrients Target Cals... 593 79% Sodium. 1097 mg S.Fat 4.9g 7.5%Cal	Nutrients Target Cals... 736 98% Sodium. 1247 mg S.Fat 8.4g 10.3%Cal	Nutrients Target Cals... 836 100% Sodium. 1234 mg S.Fat 9.0g 9.7%Cal	Nutrients Target Cals... 745 99% Sodium. 1157 mg S.Fat 7.6g 9.2%Cal	Nutrients Target Cals... 690 92% Sodium. 1078 mg S.Fat 4.5g 5.9%Cal	

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Dec - 11 BBQ Rib Sandwich Fish Sandwich Sweet Potatoes Fries Creamy Coleslaw TARTAR SAUCE Ketchup (2) Juice Fruit Rice Krispy Mini Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 12 Spicy Chicken Sand Chicken Tender Sandwich Potato Wedges Corn on the Cob Carrot Sticks Ranch Dressing Mayo (1) Ketchup (1) Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 13 Hot wings Chicken Bites Corn Niblets Fries Celery Sticks Juice Fruit Biscuit, Whole Grain Ranch Dressing Ketchup (1) Tartar Sauce PP Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 14 Baked Chicken Salisbury Steak Gravy Brown Rice Collard Greens Glazed Carrots Whole Wheat Roll Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Dec - 15 Hamburger Breaded Chicken Sand Green Beans Baked Beans Ketchup (2) Mustard (1) Mayo (1) Juice Fruit Cheese Slice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 712 95% Sodium. 1228 mg S.Fat 4.3*g 5.5%Cal
Nutrients Target Cals... 785 100% Sodium. 1219 mg S.Fat 4.0*g 4.6%Cal	Nutrients Target Cals... 747 100% Sodium. 1161 mg S.Fat 2.7*g 3.2%Cal	Nutrients Target Cals... 546 73% Sodium. 620 mg S.Fat 3.9*g 6.4%Cal	Nutrients Target Cals... 689 92% Sodium. 884 mg S.Fat 5.5*g 7.2%Cal	Nutrients Target Cals... 792 100% Sodium. 2256 mg S.Fat 5.5*g 6.3%Cal	
Dec - 18	Dec - 19				Avg Nutrients Target Cals... *N/A* Sodium. *N/A* mg S.Fat *N/A*g *N/A%Cal

USDA is an equal opportunity provider and employer.

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