

Child Nutrition Program

Anniston High School Lunch Menu

Jul 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
	Aug - 8 Cheese Pizza Dippers Pizza, Pepperoni 4X6, Tony' Corn Niblets Tomato Sauce Glazed Carrots Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 9 Chicken Tenders Chicken Nuggets Black Eye Peas Steamed Cabbage Whole Wheat Roll Ketchup (2) Juice M & M Cookie Sliced Peaches Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 10 Steak and Gravy Breaded Chicken Sand Mashed Potatoes Green Beans Whole Wheat Roll Apple Juice Ketchup (2) Cheese Slice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 11 Corndog Hotdog Sweet Potatoes Fries Broccoli w/Cheese Sauce Diced Onions Ketchup (2) Mustard (1) Rosey Applesauce Juice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 702 94% Sodium. 1311 mg S.Fat 5.7g 7.3%Cal
	Nutrients Target Cals... 699 93% Sodium. 1306 mg S.Fat 5.5g 7.1%Cal	Nutrients Target Cals... 711 95% Sodium. 969 mg S.Fat 4.1g 5.2%Cal	Nutrients Target Cals... 748 100% Sodium. 1742 mg S.Fat 6.7g 8.1%Cal	Nutrients Target Cals... 652 87% Sodium. 1229 mg S.Fat 6.4g 8.8%Cal	
Aug - 14 Hamburger Grilled Chicken Sandwich Quick Baked Potato Creamy Coleslaw Carrot Sticks Celery Sticks Apple Juice Ketchup (1) Mustard (1) Ranch Dressing Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 15 Chicken Broccoli Steak and Gravy Black Eye Peas Collard Greens Juice Chilled Pineapple Cornbread Milk 1% Chocolate Milk Strawberry Milk	Aug - 16 Nachos w/Beef/Doritos Mexican Pizza Brown Rice Corn Niblets Pinto Beans Salsa Juice Applesauce Milk 1% Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 17 Beef-A-Roni Chicken Bites Glazed Carrots Green Beans Whole Wheat Roll Juice Sliced Peaches Brownie Ketchup (2) Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 18 Beef slider Breaded Chicken Sand Fries Broccoli w/Cheese Sauce Juice Ketchup (2) Fruit Cheese Slice Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 771 100% Sodium. 1246 mg S.Fat 6.6g 7.7%Cal
Nutrients Target Cals... 655 87% Sodium. 999 mg S.Fat 3.0g 4.2%Cal	Nutrients Target Cals... 729 97% Sodium. 1107 mg S.Fat 8.1g 10.0%Cal	Nutrients Target Cals... 782 100% Sodium. 1236 mg S.Fat 8.2g 9.5%Cal	Nutrients Target Cals... 853 100% Sodium. 1263 mg S.Fat 5.1g 5.4%Cal	Nutrients Target Cals... 839 100% Sodium. 1625 mg S.Fat 8.4g 9.0%Cal	

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

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Aug - 21 Pizza, Pepperoni 4X6, Tony' Pizza, Cheese Sticks, Tony's Tomato Sauce California Vegetables Romaine Spinach Salad Carrot Sticks Ranch Dressing Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 22 Nachos w/Beef/Doritos Mexican Pizza Pinto Beans Corn Niblets Brown Rice Shredded Lettuce Salsa Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 23 Chicken Tenders Hot wings Fries Creamy Coleslaw Biscuit, Whole Grain Ketchup (2) Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 24 Grilled Chicken Salisbury Steak Gravy Broccoli w/Cheese Sauce Glazed Carrots Brown Rice Toasted Buns Juice Mandarin Oranges M & M Cookie Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 25 Hamburger Baked Spaghetti Corn on the Cob Green Beans Breadstick WW Romaine Spinach Salad Ranch Dressing Ketchup (1) Mustard (1) Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Avg Nutrients Target Cals... 720 96% Sodium. 1163 mg S.Fat 6.9g 8.6%Cal
Nutrients Target Cals... 593 79% Sodium. 1097 mg S.Fat 4.9g 7.5%Cal	Nutrients Target Cals... 736 98% Sodium. 1247 mg S.Fat 8.4g 10.3%Cal	Nutrients Target Cals... 836 100% Sodium. 1234 mg S.Fat 9.0g 9.7%Cal	Nutrients Target Cals... 745 99% Sodium. 1157 mg S.Fat 7.6g 9.2%Cal	Nutrients Target Cals... 690 92% Sodium. 1078 mg S.Fat 4.5g 5.9%Cal	
Aug - 28 BBQ Rib Sandwich Fish Sandwich Sweet Potatoes Fries Creamy Coleslaw TARTAR SAUCE Ketchup (2) Juice Fruit Rice Krispy Mini Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 29 Spicy Chicken Sand Chicken Tender Sandwich Potato Wedges Corn on the Cob Carrot Sticks Ranch Dressing Mayo (1) Ketchup (1) Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 30 Hot wings Chicken Bites Corn Niblets Fries Celery Sticks Juice Fruit Biscuit, Whole Grain Ranch Dressing Ketchup (1) Tartar Sauce PP Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk	Aug - 31 Baked Chicken Salisbury Steak Gravy Brown Rice Collard Greens Glazed Carrots Whole Wheat Roll Juice Fruit Milk 1% Chocolate Milk Strawberry Milk Vanilla Milk		Avg Nutrients Target Cals... 691 92% Sodium. 971 mg S.Fat 4.0*g 5.2%Cal
Nutrients Target Cals... 785 100% Sodium. 1219 mg S.Fat 4.0*g 4.6%Cal	Nutrients Target Cals... 747 100% Sodium. 1161 mg S.Fat 2.7*g 3.2%Cal	Nutrients Target Cals... 546 73% Sodium. 620 mg S.Fat 3.9*g 6.4%Cal	Nutrients Target Cals... 689 92% Sodium. 884 mg S.Fat 5.5*g 7.2%Cal		

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