

Child Nutrition Program

ANNISTON ELEMENTARY BREAKFAST MENU

Jul 3, 2017

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
	Aug - 8 Cereal, asst (1) Cinnamon Toast Sliced Peaches Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 9 Pancakes, mini berry Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 10 Biscuit, Whole Grain Sausage link (1) Applesauce Juice Milk 1% *Chocolate Milk *Strawberry Milk Vanilla Milk	Aug - 11 Apple Frudel Apple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 514 103% Sodium. 555 mg S.Fat 4.1g 7.2%Cal
	Nutrients Target Cals... 480 100% Sodium. 448 mg S.Fat 1.7g 3.1%Cal	Nutrients Target Cals... 490 100% Sodium. 396 mg S.Fat 2.6g 4.8%Cal	Nutrients Target Cals... 670 134% Sodium. 969 mg S.Fat 9.0g 12.1%Cal	Nutrients Target Cals... 416 100% Sodium. 406 mg S.Fat 3.0g 6.5%Cal	
Aug - 14 Biscuit, Whole Grain Chilled Pineapple Juice Jelly, Grape, PP Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 15 Pancake on a Stick Pears Juice *Milk 1% Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 16 Cereal, asst (1) Cinnamon Toast Oranges Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 17 Mini Pancakes Chilled Pineapple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 18 Muffin Yoplait Go-Gurt Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 478 100% Sodium. 476* mg S.Fat 3.5g 6.5%Cal
Nutrients Target Cals... 507 101% Sodium. 615* mg S.Fat 6.5g 11.5%Cal	Nutrients Target Cals... 481 100% Sodium. 602* mg S.Fat 4.5g 8.4%Cal	Nutrients Target Cals... 455 100% Sodium. 439* mg S.Fat 1.7g 3.3%Cal	Nutrients Target Cals... 459 100% Sodium. 445* mg S.Fat 2.5g 4.9%Cal	Nutrients Target Cals... 490 100% Sodium. 281* mg S.Fat 2.1g 3.9%Cal	
Aug - 21 French Toast Powdered Sugar (1 Tbs.) Banana Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 22 Mini Cinnis Sliced Peaches Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 23 Mini Pancakes Apple Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 24 Cinnamon Rolls Powdered Sugar (1 Tbs.) Applesauce Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Aug - 25 Sausage on Bun Pears Juice Milk 1% *Chocolate Milk *Strawberry Milk *Vanilla Milk	Avg Nutrients Target Cals... 484 100% Sodium. 443* mg S.Fat 4.2g 7.9%Cal

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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