

Child Nutrition Program

Anniston High School Lunch Menu

Jan 4, 2018

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Feb - 1 Baked Chicken Salisbury Steak Gravy Brown Rice Collard Greens Glazed Carrots Whole Wheat Roll Juice Fruit Milk 1% Chocolate Milk Strawberry Milk	Feb - 2 Hamburger Breaded Chicken Sand Green Beans Baked Beans Ketchup (2) Mustard (1) Mayo (1) Juice Fruit Cheese Slice Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients Target Cals... 719 96% Sodium. 1335 mg S.Fat 5.4g 6.7%Cal
			Nutrients Target Cals... 679 90% Sodium. 684 mg S.Fat 5.1g 6.8%Cal	Nutrients Target Cals... 760 100% Sodium. 1986 mg S.Fat 5.7g 6.7%Cal	
Feb - 5 Steak and Gravy Chicken Nuggets Gravy Quick Baked Potato Broccoli w/Cheese Sauce Whole Wheat Roll Brownie Ketchup (2) Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk	Feb - 6 Crispito Nachos w/Beef/Doritos Brown Rice Pinto Beans Romaine Spinach Salad Ranch Dressing Salsa Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk	Feb - 7 Barbecue Sandwich Fish Sandwich Potato Wedges Green Beans Creamy Coleslaw Juice Apple M & M Cookie Ketchup (2) Tartar Sauce PP Milk 1% Chocolate Milk Strawberry Milk	Feb - 8 Chicken Tender Sandwich Hamburger Fries Corn on the Cob Carrot Sticks Ranch Dressing Juice Mandarin Oranges Ketchup (2) Mustard (1) Milk 1% Chocolate Milk Strawberry Milk	Feb - 9 Pizza, Pepperoni 4X6, Tony' Cheese Pizza Dippers California Vegetables Corn Niblets Tomato Sauce Carrot Sticks Ranch Dressing Juice Banana Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients Target Cals... 783 100% Sodium. 1087 mg S.Fat 6.0g 6.9%Cal
Nutrients Target Cals... 869 102% Sodium. 1110 mg S.Fat 7.5g 7.8%Cal	Nutrients Target Cals... 789 100% Sodium. 1239 mg S.Fat 8.6g 9.8%Cal	Nutrients Target Cals... 814 100% Sodium. 1195 mg S.Fat 4.3g 4.7%Cal	Nutrients Target Cals... 780 100% Sodium. 869 mg S.Fat 4.6g 5.3%Cal	Nutrients Target Cals... 660 88% Sodium. 1020 mg S.Fat 4.8g 6.6%Cal	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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Page 2

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Feb - 12 Pizza, Pepperoni 4X6, Tony' Pizza, Cheese Sticks, Tony's Tomato Sauce California Vegetables Romaine Spinach Salad Carrot Sticks Ranch Dressing Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk	Feb - 13 Nachos w/Beef/Doritos Chicken Fajita Pinto Beans Corn Niblets Brown Rice Shredded Lettuce Salsa Juice Apple Brownie Milk 1% Chocolate Milk Strawberry Milk	Feb - 14 Chicken Nuggets Hot wings Fries Creamy Coleslaw Toasted Buns Ketchup (2) Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk	Feb - 15 Grilled Chicken Salisbury Steak Gravy Broccoli w/Cheese Sauce Glazed Carrots Brown Rice Toasted Buns Juice Mandarin Oranges M & M Cookie Milk 1% Chocolate Milk Strawberry Milk	Feb - 16 Hamburger Steak Baked Spaghetti Corn on the Cob Green Beans Toasted Buns M & M Cookie Romaine Spinach Salad Ranch Dressing Ketchup (2) Mustard (1) Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients Target Cals... 776 100% Sodium. 1199 mg S.Fat 6.5g 7.5%Cal
Nutrients Target Cals... 607 81% Sodium. 1082 mg S.Fat 4.9g 7.3%Cal	Nutrients Target Cals... 831 100% Sodium. 1252 mg S.Fat 8.1g 8.8%Cal	Nutrients Target Cals... 827 100% Sodium. 1241 mg S.Fat 5.6g 6.1%Cal	Nutrients Target Cals... 777 100% Sodium. 1164 mg S.Fat 8.1g 9.4%Cal	Nutrients Target Cals... 836 100% Sodium. 1257 mg S.Fat 5.7g 6.2%Cal	
Feb - 19	Feb - 20 Fish Sandwich BBQ Chicken Sandwich Sweet Potatoes Fries Baked Beans Creamy Coleslaw Juice Apple Rice Krispy Mini Ketchup (2) Tartar Sauce PP Milk 1% Chocolate Milk Strawberry Milk	Feb - 21 Cheese Pizza Dippers Pizza, Pepperoni 4X6, Tony' Tomato Sauce California Vegetables Romaine Spinach Salad Ranch Dressing Juice Fruit Milk 1% Chocolate Milk Strawberry Milk	Feb - 22 Chicken Nuggets Beef-A-Roni Glazed Carrots Stir Fry Vegetables Whole Wheat Roll Juice Mandarin Oranges Milk 1% Chocolate Milk Strawberry Milk	Feb - 23 Beef slider BBQ Rib Sandwich Fries Broccoli w/Cheese Sauce Ketchup (2) Mustard (1) Mayo (1) Juice Rosey Applesauce Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients Target Cals... 763 100% Sodium. 1180 mg S.Fat 5.3*g 6.3%Cal
	Nutrients Target Cals... 1019 120% Sodium. 1750 mg S.Fat 3.6*g 3.2%Cal	Nutrients Target Cals... 578 77% Sodium. 1041 mg S.Fat 4.5*g 7.0%Cal	Nutrients Target Cals... 676 90% Sodium. 651 mg S.Fat 5.1*g 6.8%Cal	Nutrients Target Cals... 778 100% Sodium. 1277 mg S.Fat 8.1*g 9.4%Cal	

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Page 3

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Feb - 26 BBQ Pork Rib Sandwich Hamburger Fries Creamy Coleslaw Ketchup (2) Mustard (1) Juice Fruit M & M Cookie Milk 1% Chocolate Milk Strawberry Milk	Feb - 27 Cheese Pizza Dippers Pizza, Pepperoni 4X6, Tony' Corn Niblets Tomato Sauce Glazed Carrots Juice Chilled Pineapple Milk 1% Chocolate Milk Strawberry Milk	Feb - 28 Chicken Tenders Steak Nuggets Black Eye Peas Steamed Cabbage Whole Wheat Roll Ketchup (2) Juice M & M Cookie Sliced Peaches Milk 1% Chocolate Milk Strawberry Milk			Avg Nutrients Target Cals... 762 100% Sodium. 1070 mg S.Fat 5.8*g 6.8%Cal
Nutrients Target Cals... 755 100% Sodium. 725 mg S.Fat 4.7*g 5.5%Cal	Nutrients Target Cals... 709 94% Sodium. 1289 mg S.Fat 5.5*g 7.0%Cal	Nutrients Target Cals... 824 100% Sodium. 1197 mg S.Fat 7.2*g 7.9%Cal			

USDA is an equal opportunity provider and employer.

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