

# Child Nutrition Program

## ANNISTON SECONDARY SCHOOLS BREAKFAST MENU

Jan 4, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Mar - 1  Cinnamon Rolls GLAZE,POWDERED SUG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Mar - 2  Sausage Biscuit WG Cereal, Asst (2) Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients    Target Cals...            578    100% Sodium.           594 mg S.Fat    6.2g    9.7%Cal
			Nutrients            Target Cals...            541    100% Sodium.           383 mg S.Fat    2.6g    4.3%Cal	Nutrients            Target Cals...            614    102% Sodium.           805 mg S.Fat    9.9g    14.5%Cal	
Mar - 5  French Toast Powdered Sugar (1 Tbs.) Sausage link (1) Cereal, Asst (2) Fruit Juice Chocolate Milk Strawberry Milk Milk 1%	Mar - 6  Pancake on a Stick Cereal, Asst (2) Fruit Juice Chocolate Milk Strawberry Milk Milk 1%	Mar - 7  Mini Pancakes Sausage link (1) Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Mar - 8  Sausage Biscuit WG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Mar - 9  Breakfast Bagel Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients    Target Cals...            525    100% Sodium.           632 mg S.Fat    5.1g    8.7%Cal
Nutrients            Target Cals...            622    104% Sodium.           685 mg S.Fat    5.2g    7.5%Cal	Nutrients            Target Cals...            463    100% Sodium.           485 mg S.Fat    4.3g    8.4%Cal	Nutrients            Target Cals...            520    100% Sodium.           633 mg S.Fat    3.5g    6.0%Cal	Nutrients            Target Cals...            600    100% Sodium.           809 mg S.Fat    9.9g    14.8%Cal	Nutrients            Target Cals...            417    93% Sodium.           546 mg S.Fat    2.5g    5.3%Cal	
Mar - 12  Breakfast Pizza WG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Mar - 13  Breakfast Burrito Salsa Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Mar - 14  Sausage Biscuit WG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Mar - 15  Cinnamon Rolls GLAZE,POWDERED SUG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Mar - 16  Mini Maple Pancakes Bacon (2) Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients    Target Cals...            495    100% Sodium.           598 mg S.Fat    4.4g    8.0%Cal

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

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