

# Child Nutrition Program

## ANNISTON SECONDARY SCHOOLS BREAKFAST MENU

Jan 4, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
			Feb - 1 Cinnamon Rolls GLAZE,POWDERED SUG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Feb - 2 Sausage Biscuit WG Cereal, Asst (2) Chilled Pineapple Juice Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients    Target Cals...            578    100% Sodium.           594 mg S.Fat    6.2g    9.7%Cal
			Nutrients            Target Cals...            541    100% Sodium.           383 mg S.Fat    2.6g    4.3%Cal	Nutrients            Target Cals...            614    102% Sodium.           805 mg S.Fat    9.9g    14.5%Cal	
Feb - 5 French Toast Powdered Sugar (1 Tbs.) Sausage link (1) Cereal, Asst (2) Fruit Juice Chocolate Milk Strawberry Milk Milk 1%	Feb - 6 Pancake on a Stick Cereal, Asst (2) Fruit Juice Chocolate Milk Strawberry Milk Milk 1%	Feb - 7 Mini Pancakes Sausage link (1) Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Feb - 8 Sausage Biscuit WG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Feb - 9 Breakfast Bagel Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients    Target Cals...            525    100% Sodium.           632 mg S.Fat    5.1g    8.7%Cal
Nutrients            Target Cals...            622    104% Sodium.           685 mg S.Fat    5.2g    7.5%Cal	Nutrients            Target Cals...            463    100% Sodium.           485 mg S.Fat    4.3g    8.4%Cal	Nutrients            Target Cals...            520    100% Sodium.           633 mg S.Fat    3.5g    6.0%Cal	Nutrients            Target Cals...            600    100% Sodium.           809 mg S.Fat    9.9g    14.8%Cal	Nutrients            Target Cals...            417    93% Sodium.           546 mg S.Fat    2.5g    5.3%Cal	
Feb - 12 Breakfast Pizza WG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Feb - 13 Breakfast Burrito Salsa Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Feb - 14 Sausage Biscuit WG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Feb - 15 Cinnamon Rolls GLAZE,POWDERED SUG Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Feb - 16 Mini Maple Pancakes Bacon (2) Cereal, Asst (2) Fruit Juice Milk 1% Chocolate Milk Strawberry Milk	Avg Nutrients    Target Cals...            495    100% Sodium.           598 mg S.Fat    4.4g    8.0%Cal

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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